

Code of Conduct for Southborough & District Wheelers Youth Members:

As a member of the club you are expected to abide by the following code by:

- Arriving for training and competition in good time to prepare properly
- Being a good sport by applauding all good performances, whether they are made by your club or the opposition
- Controlling your temper. Verbal abuse of officials and other riders, or deliberately distracting/provoking an opponent is not acceptable or permitted behaviour
- Cooperating with your club-mates and opponents – without them there would be no competition
- Listening to and cooperating with your coach, they are all volunteers and without them there would be no club sessions
- Paying any fees promptly
- Playing within the rules and respecting officials and all their decisions
- Respecting the rights, dignity and worth of all participants regardless of their gender, ability, disability, cultural background or religion
- Thanking officials and opponents after competition
- Treating all participants in cycling as you like to be treated – not bullying or taking unfair advantage of another participant
- Warming up and cooling down properly
- Wearing suitable kit (including a helmet) and clothing for all cycling activity sessions, as agreed with the coach
- Working equally hard for yourself and your club – your club's performance will benefit, and so will you

During sessions, we will remind the riders of these

- Ensure nobody talks - when the Coach is talking to the group
- No Helmet – no ride
- JUST STOP – when the Whistle Blows 3 times everyone stops! (for emergencies)
- Off your bike - if it's your turn to queue. No Riding!
- Your respect at all times: Coaches, Equipment, each other

Code of Conduct for Parents/Carers, Non-Club Coaches and Other Supporters

As a parent/carer and/or coach of a member of the club, you are expected to abide by the following code by:

- Advising the coach if your child has to leave early or is being collected by someone other than a parent/carer, giving details of the arrangement including who will be collecting your child, when and at what time
- Discouraging unfair play and arguing with officials
- Encouraging your child to learn the rules and play within them
- Helping your child to recognise good performance, not just results
- Informing the coach of any specific health requirements or medical conditions of your child in advance of the coaching session by completion of a Club Membership form or a Parental Consent form
- Never punishing or abusing a child for losing or making mistakes
- Publicly accepting officials' judgments and teaching children to do likewise
- Remembering that children participate in sport for their enjoyment, not yours
- Respecting the rights, dignity and worth of every young person regardless of their gender, ability, disability, cultural background or religion
- Setting a good example by recognising fair play and applauding the good performances of all
- Showing appreciation and respect for coaches, officials and administrators. Remember, without them, your child could not participate
- Supporting all efforts to remove verbal and physical abuse from sporting activities
- Supporting your child's involvement and help them to enjoy their sport
- Using correct and proper language at all times

NOTE: All under 10's to be accompanied by an adult to our training sessions, if you have an older child and you want to leave them on their own for the session – please check with your coach

Please remember - we are all volunteers who give up our time to run the Youth section of the club